Region Name:

CAPTAIN BRIDGES

Name of RIL/Facilitator: Virginia

It is our mission for CAPTAIN to help to establish trainer-of-trainers at the local level on ASD and to support a common set of accepted Evidence Based Practices (EBPs), to connect providers from various agencies in hopes of establishing/strengthening local networks and facilitating cross-agency communication and training. There are three **Impact Goals** we are hoping local teams can influence through your collaborative work:

- 1. Increase knowledge about ASD and EBPs within your communities
- 2. Increase implementation and fidelity of use of the identified EBPs by providers and implementers
- 3. Improve and increase collaboration between the various agencies serving and supporting individuals with ASD within your communities (e.g. schools, regional centers, FRCs, vendors/nonpublic providers, mental health providers, etc.)

In order to work toward these outcomes, we have set the following objectives/ requirements for the CADRE members:

#### ALL

- Complete "ASD Across the Lifespan" Online Class through Coursera
- Complete annual CAPTAIN online survey
- D Participate in Annual CAPTAIN Summit
- Participate in local CAPTAIN collaborative meetings/activities to implement local plans (quarterly)

#### **Requirement of SELPA Nominated Cadre Members:**

- Provide trainings for your SELPA on "Overview of ASD, CAPTAIN and EBPs for ASD" (at least 1 per year)
- Derivide 3 Trainings in Specific EBP's
- Provide implementation coaching for 3 teachers/programs within your SELPA using implementation checklists and coaching process OR Train 3 additional coaches on CAPTAIN Model of training and coaching EBPs for ASD
- Meet with SELPA Leadership to discuss and plan for local implementation of EBPs and Regional Plans

#### **Requirements of Regional Center Nominated Cadre Members**

- Provide trainings for Service Coordinators/RC Staff on "Overview of ASD, CAPTAIN and EBPs for ASD" (at least 1 per year)
- Provide Training to Vendors on "Overview of ASD, CAPTAIN EBPs for ASD" (at least 3 per year)
- Meet with your RC Leadership to discuss ways to increase understanding and use of EBPs and Implementation of Regional Plans
- □ Participate in Quarterly ARCA sanctioned ASD Coordinators Meetings

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#### Requirements of FRC/FEC/UCEDD Nominated Cadre Members:

- Share information with your support organization staff about CAPTAIN, EBPs for ASD and LTSAE resources so that they may assist with information dissemination (Does not need to be a formal training, but Cadre must commit to sharing with their staff)
- □ Act as a LTSAE "Deputy Ambassador," which includes assisting with Regional Milestones Brochure development and dissemination to support child find

#### **Requirements for Pre-service Teacher Educators**

- □ Share information about CAPTAIN and EBPs for ASD with your Department so that other teacher educators at your institution are able to integrate information into their teaching
- □ Include Overview of CAPTAIN, ASD and EBPs into appropriate course work
- Provide opportunities for teacher candidates in your program to take specific EBP training modules and use fidelity checklists (during observations or as part of their own fieldwork/student teaching)

In addition, as a member of CAPTAIN you are a vital part of your Regional Implementation Team. All Cadre members are required to attend quarterly Regional Implementation Team (RIT) meeting. These meetings are an opportunity to share resources, work on your RIT goals, and troubleshoot barriers to implementation and collaboration. How these meetings are structured can help your collaboration process. Here is a *suggestion* for how to organize your quarterly meetings:

Meeting 1 after summit:

- Establish roles & responsibilities (facilitator, note taker, snack person, etc.)
- Schedule all meetings for the coming year (or have a doodle poll person).
- Review or complete GAS goals.
- Break into workgroups or committees to review your action plans for your GAS goals.
   Meetings 2 3:
  - Report out on workgroup activities
  - Guest speaker or program showcase

Meeting 4 Before Summit:

- Review all GAS goals and rate your RIT completion
- Prepare for CAPTAIN Showcase (poster to share back with Cadre at the Summit)

## Note: In addition, it is suggested that Cadre Regional Implementation Teams utilize the Quarterly Agenda document for quarterly regional meetings.

#### How'd we do?

Reflect on your work from the past year. Take a few minutes to celebrate your successes!! Evaluate your goals from last year's plan. Discuss those things that contributed to success and may have been obstacles or barriers. Next, think about, share and discuss ways your regional CAPTAIN chapter can work together to accomplish the core impact goals of CAPTAIN. Develop your 2019-20 goals and have fun!!!

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### **Regional Implementation Team Goal Attainment Scaling Review**

Goal Area	GAS Score (circle)	What influenced our accomplishments?	What were barriers to our work?
<i>1. Increase knowledge</i> about ASD and EBPs in our community	1 2 3 4	3- We're able to diversify attendees (4/5): NPS, Medical Providers, Regional Center Vendors, Mental Health Providers Need more digital accessibility	<ul> <li>Time</li> <li>Support from leadership</li> <li>Resources Rooms for breakouts</li> <li>Other Power Outages</li> <li>Other Tech Support for Streaming</li> <li>Other Other</li> <li>Other</li> </ul>
<b>2. Increase implementation and fidelity</b> of use of the identified EBPs by providers and implementers	1 2 3 4	2- We're unable to garner specific enough data to generalize. Data is tracked differently	<ul> <li>Time</li> <li>Support from leadership</li> <li>Resources</li> <li>Other Data was too broad</li> <li>Other</li> <li>Other</li> <li>Other</li> <li>Other</li> <li>Other</li> </ul>
<b>3. Improve and increase collaboration</b> between the various agencies serving and supporting individuals with ASD	1 2 3 4	4- Increased Social Media use and dissemination of materials	<ul> <li>Time</li> <li>Support from leadership</li> <li>Resources</li> <li>Other Power Outages</li> <li>Other</li> <li>Other</li> <li>Other</li> <li>Other</li> <li>Other</li> </ul>

1-No progress baseline level 2-Some progress 3-Met goal 4-Exceeds expectations

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#### CAPTAIN Regional Liaison: \_\_\_\_\_

#### Brainstorm on New Projects and Collaborations

(see list below for inspiration, but don't limit your team to the ideas listed)

How can our organizations work together on training for staff and families?

- ✓ Provide a presentation to CAC
- ✓ Conduct a collaborative parent training
- ✓ Hold regional conference showcasing EBP's
- ✓ Cross training for new staff,
- ✓ Develop/establish demonstration sites within our region,
- ✓ Hold a make and take for families or new teachers,
- ✓ How can we incorporate this year's theme into our goals?
- ✓ Other\_\_\_\_\_

How can our organizations work together **to provide updates** to each other on relevant policy and practice changes that impact services to those with ASD?

- ✓ Distribute the LTSAE brochure electronically and hard copy
- ✓ Create a regional CAPTAIN social media site with links to CAPTAIN
- ✓ Quarterly meetings,
- ✓ List serve/newsletter,
- ✓ Hot topics presentation at quarterly meeting
- ✓ Other\_\_\_\_\_

How can our Regional Implementation Team **connect with other agencies** in our area that need to become a part of this network)?

- ✓ Post CAPTAIN brochures at network (e.g. Higher Ed., Vendors/Providers, Local Support and Advocacy Groups)?
- Give presentations at community colleges, teacher training programs or local advocacy groups
- How can we incorporate this year's theme into our goals?
- ✓ Other\_\_\_\_\_

What **project**, **conference or product** could our regional team develop (EBP conference, brochure, table at Autism Walk, CAPTAIN Newsletter, etc.)?

- ✓ Customize and distribute the LTSAE brochure
- ✓ Other\_\_\_\_\_

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### Goal Area 1: Increasing knowledge about ASD & EBPs in our community

Current Level of Performance Data gathered on (0)	Hosting summit for 100 or more people
Initial Objective (1)	Outreach to diverse providers/agencies
Secondary Objective (2)	Expand our presenters to include non Bridges presenters for at least 25% of our presentations
Expected Level of Outcome (3)	Expand presenters to include information on: * mental health and EBPs
Exceeds Expected Outcome (4)	Stream at Remote Locations to increase attendance or record and edit for release

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# Goal Area 2: Increase implementation and fidelity of use of the identified EBPs by providers and implementers

Current Level of Performance Data gathered on (0)	We have collected fidelity data, however each member group collects the data differently and we were not all measuring the same EBPS. We also did not collect baseline data before collecting fidelity data.
	Collect Baseline Data from 50% of the people in a position to collect data, in 1 EBP utilizing the Affrim Fidelity check list.
Initial Objective (1)	*
Secondary Objective (2)	Collect Baseline Data from 60% of the people in a position to collect data, in 1 EBP utilizing the Affrim Fidelity check list.
Expected Level of Outcome (3)	? Collect Baseline Data from 70% of the people in a position to collect data, in 1 EBP utilizing the Affrim Fidelity check list.
Exceeds Expected Outcome (4)	Collect Baseline Data from 80% of the people in a position to collect data in 1 EBP utilizing the Affrim Fidelity check list.

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# Goal Area 3: Improve and increase collaboration between the various agencies serving and supporting individuals with ASD

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Current Level of Performance Data gathered on (0)	25% of cadre will participate in planning committee for summit.
Initial Objective (1)	30% of cadre will participate in planning committee for summit, and 10% increase of community and family participation with cadre throughout year.
Secondary Objective (2)	40% of cadre will participate in planning committee for summit, and 15% increase of community and family participation with cadre throughout year.
Expected Level of Outcome (3)	50% of cadre will participate in planning committee for summit, and 20% increase of community and family participation with cadre throughout year.
Exceeds Expected Outcome (4)	60% of cadre will participate in planning committee for summit, and 25% increase of community and family participation with cadre throughout year.

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#### **Cadre Members Contact List:**

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## **Quarterly Meetings and Events Calendar**

Quarter	Date		Location
Q1	March 12, 2020	2pm-4pm	Zoom or in person at SCOE
Q2	May 7, 2020	2pm-4pm	
Q3			Zoom of SCOE
Q4			Zoom of SCOE
Optional:			
Event/Showcase/ Speaker	Summit: October 29, 2020 in Marin County		-1
Training			
Training			
Training:			
Other:			
Other:			

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